

CASCAIS DRAGON WINTER SERIES
3rd Winter Series 2017-2018
 19 to 21 January 2018

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The International Dragon Class Rules will apply, except point 13.30 (weight rule)
- 1.3 In the event of a conflict between the notice of race and the sailing instructions, the sailing instructions shall prevail (this change RRS 63.7).

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located near the race office.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least two hours before the 1st scheduled warning signal for the first race of the day on the day it will take effect, except that any change to the schedule of races will be posted before the end of the protest time limit of the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the CNC main flag pole, located and next top the Race Office. The mast will display CNC flag.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 4.3 At least 60 minutes before the warning signal for the first race of the day, the racing area will be informed by hoisting IC flag "A" or "B" on the official flag pole.

5 SCHEDULE OF RACES

5.1 Program:

Date	Time	Event	Number of races planned
Friday, January 19	14:00	Warning signal 1 st race of the day	2
Saturday, January 20	11:00	Warning signal 1 st race of the day	3
Sunday, January 21	11:00	Warning signal 1 st race of the day	2

- 5.2** Number of races: 7 races are scheduled with a maximum of 3 races per day.
- 5.3** When there has been a long postponement and when more than one race (or sequence or races, for two or more classes) will be held on the same day, the warning signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 5.5** On the last day of the regatta no warning signal will be made after 14:00.
- 6 CLASS FLAGS**
The Class flag will be the IC flag "D".
- 7 RACING AREAS**
Attachment A shows the location of racing areas and respective signals.
- 8 THE COURSES**
- 8.1** The diagrams in Attachment B show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2** No later than the warning signal, the race committee signal boat will display the course to be sailed and the approximate compass bearing and length of the first leg.
- 8.3** When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
- 9 MARKS**
- 9.1** Marks 1, 2 and 3s/3p will be orange cylindrical.
- 9.2** New marks, as provided in instruction 12.1, will be black cylindrical.
- 9.3** The starting marks will be as per SI 11.2. The finishing marks will be as per SI 13.1.
- 9.4** A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 12.2.
- 10. REPORTING AT COMMITTEE BOAT**
Before starting in the first race of the day, boats shall, while sailing on starboard tack, pass behind the principal race committee boat and make sure they have been acknowledged. Boats failing to report may be scored "DNS".
- 11 THE START**
- 11.1** Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 11.2** The starting line will be between a staff on the race committee boat displaying orange flag on the starting starboard end of the starting line and a yellow cylindrical inflatable mark at the port end.
- 11.3** A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.
- 11.4** If a boat fails to start or breaks RRS 30.4, the race committee at Mark 1 may display her sail number on a board and make a sound signal. Failure to make the signal or

display the sail number shall not be grounds for a request for redress. This change RRS 62.1(a).

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

13. THE FINISH

13.1 The finishing line will be between a staff on the race committee boat displaying an orange flag and a dan-buoy with an orange flag.

13.2 If the race committee, at the finishing position have displayed code flag "L", this means that another race will be started as soon as possible. This changes RRS race signals.

14 PENALTY SYSTEM

For the Dragon class, rule 44.1 is changed so that Two-Turns Penalty is replaced by the One-Turn Penalty.

15 TIME LIMITS

15.1 Time limits are as follows:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1 time limit</i>	<i>Target time</i>
Dragon	120	30	60 minutes

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

15.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes rules 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 A boat intending to protest shall inform the race committee finish boat immediately after finishing. If the protester does not finish the race he shall inform the race committee as soon as possible or the race office and immediately after arriving ashore.

16.2 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

16.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2.

16.4 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings

will be held in the jury room, located at CNC facilities, beginning as soon as possible.

16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

16.6 Breaches of instructions 11.3, 18, 22, 23 and 24 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

16.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17 SCORING

17.1 1 race is required to be completed to constitute a series.

17.2 (a) When less than 4 races have been completed, a boat's series score will be the total of her race scores.

(b) When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible.

19 REPLACEMENT OF CREW OR EQUIPMENT

Substitution of competitors or equipment will not be allowed without prior written approval of the race committee. Requests for substitution shall be made to the race committee in writing at the first reasonable opportunity.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

21 ADVERTISING

Boats shall display sponsor advertising stickers supplied by the organizing authority.

22 OFFICIAL BOATS

Official boats will be marked as follows:

Category	Flag
Race Committee Boats	White flag with RC
Jury Boats (JURY)	White flag with Jury
Press Boats	White flag with Press

23 SUPPORT BOATS

23.1 Support boats shall register at the regatta office prior to the first scheduled race, providing details of their boats and distinctive identification, which shall include flying a WHITE flag showing the national 3 letter code in BLACK (minimum height 120mm), of the country of origin.

23.2 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

23.3 At all times, support boats must be on call on VHF Channel 08 and must comply with the directions given by the race committee. In particular this includes assisting with towing and rescues when requested to do so.

24 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

25 HAUL-OUT RESTRICTIONS

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

26 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keel boats between the preparatory signal of the first race and the end of the regatta.

27 RADIO COMMUNICATION

27.1 A boat can use a VHF radio in accordance with Class Rules 11.11.1.

27.2 The race committee may broadcast information available to all competitors by using VHF radio on race channel 8.

27.3 In the case of absolute emergency only, competitors may communicate with the race committee.

28 PRIZES

28.1 Prizes will be given to the top three boats

28.2 Prizes will also be awarded to the 1st Corinthian boat. To be eligible to participate in this category, the Yacht must have a crew of amateurs submitting Corinthian Entry Form as well as presenting valid copies of ISAF Competitor Classification 1 Declarations at the registration period. Sailors not having, or having an invalid ISAF Classification, will be scored as GROUP 3, and will not be eligible to take part in this category.

29 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

30 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 305.000 € per event or the equivalent.

Competitors are advised to have their own personal accident insurance.

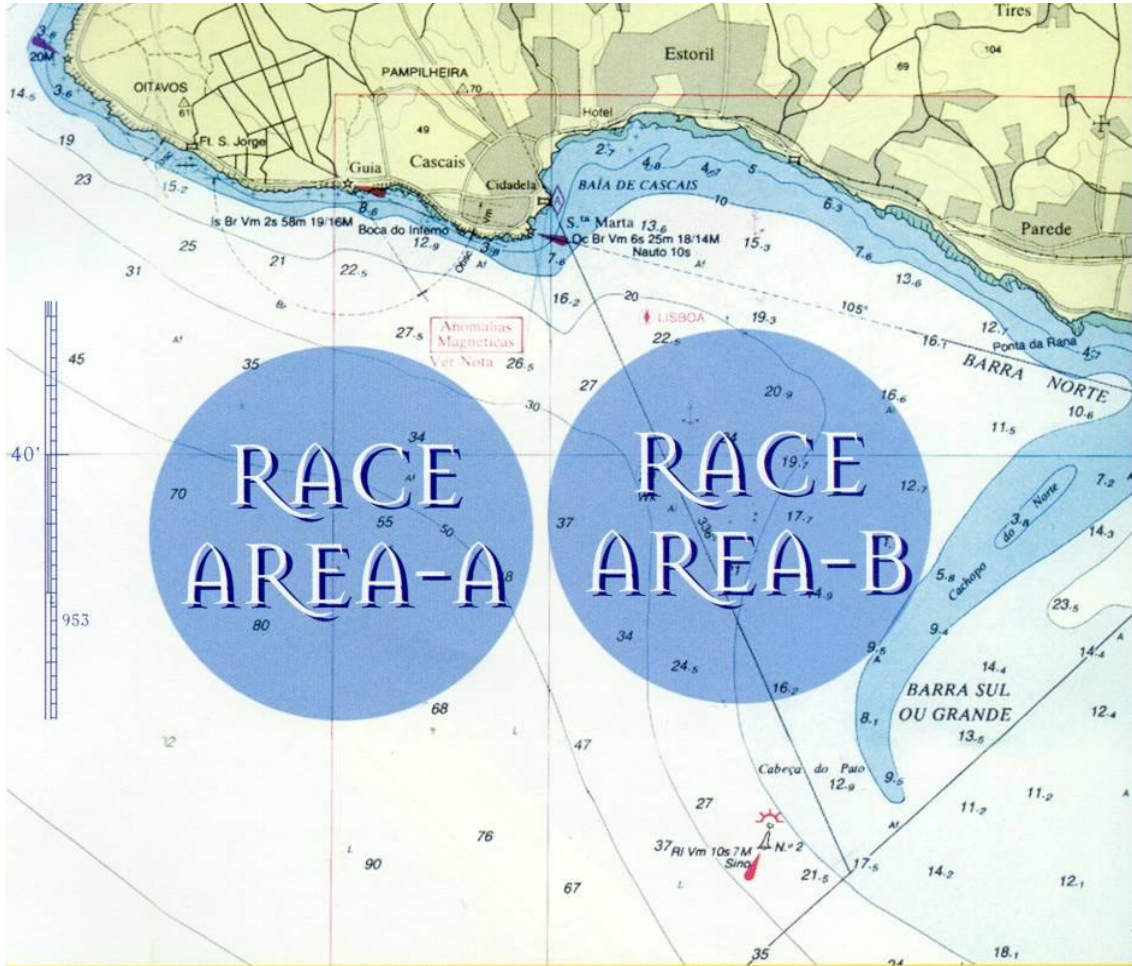
RACE OFFICIALS:

Race Director: Rita GONÇALVES

Principal Race Officer: José CANCELLA ABREU - IRO

Chairman of the Jury: Manuel SANTOS SILVA – IJ & IU

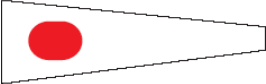
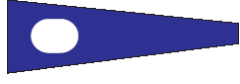
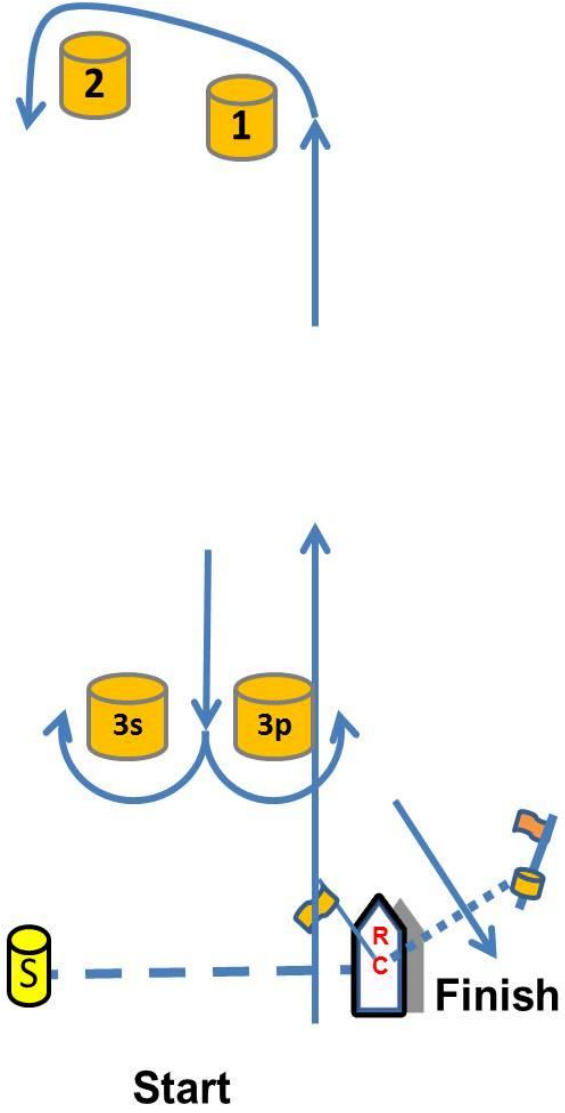
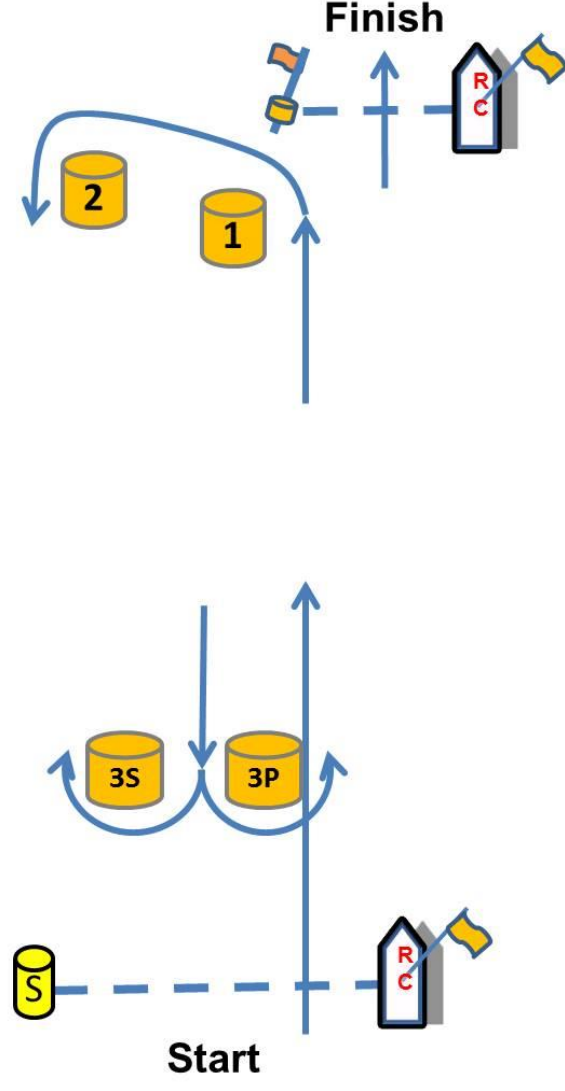
ATTACHMENT A RACING AREAS



Racing Area	Distance	Bearing	Latitude	Longitude	Flag
A	2,0 Nm	190º	38,40.000 N	009,26.000 W	Code Flag "A"
B	2,0 Nm	140º	38,40.000 N	009,23.500 W	Code Flag "B"

* Distances, bearings and positions are advisory only

ATTACHMENT B COURSES

COURSE 1	COURSE 2
<p>SIGNAL – CODE FLAG 1 </p> <p>Start – 1 – 2 – 3s/3p (gate) – 1 – 2 - Finish</p>	<p>SIGNAL – CODE FLAG 2 </p> <p>Start – 1 – 2 – 3s/3p (gate) – 1 – 2 – 3s/3p (gate) - Finish</p>
	

- All course marks shall be left to port, except marks 3p/3s which shall comply with SI 8.3
- Distance between mark 1 and mark 2: 0.05 Nm approx.
- Angle between upwind leg and bearing from mark 1 to mark 2: 100° approx
- Note: This drawing is schematic. The distances and mark positions are not to scale.