



# 23<sup>RD</sup> H.M.KING JUAN CARLOS TROPHY

12 – 15 ABR 18



## XXIII H.M. KING JUAN CARLOS TROPHY 12 to 15 April 2018 CASCAIS - PORTUGAL

### SAILING INSTRUCTIONS

#### ORGANIZING AUTHORITY

The Clube Naval de Cascais, affiliated to Portuguese Sailing Federation organizes the XXIII King Juan Carlos I Trophy - IDA Grade 2 event - in conjunction with the Portuguese Dragon Association under the supervision of the International Dragon Association (IDA).

#### 1. RULES

- 1.1 The regatta will be governed by the *rules* as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 The National prescriptions will apply and will be posted on the Official Notice Board.
- 1.3 In the event of a conflict between the notice of race and the sailing instructions, the sailing instructions shall prevail (this changes RRS 63.7).

#### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official board located next to the Race Office.

#### 3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board at least two hours before the scheduled start on the day it will take effect except that any change to the schedule of races will be posted before the end of the Protest Time Limit on the day before it will take effect.

#### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the mast located next to the Race Office. .
- 4.2 Flags "AP over H" displayed with two sound signals mean: races not started are postponed. Competitors shall stay ashore. This changes RRS "Race Signals".
- 4.3 Flag "AP" displayed alone with two sound signals means: races not started are postponed The Warning signal will not be made less than 60 minutes after lowering AP flag. This changes RRS "Race Signals".
- 4.4 IC Flag "A" means: the racing area will be Race Area A.

4.5 IC Flag “B” means: the racing area will be Race Area B.

## 5. SCHEDULE

5.1 Eight races are scheduled.

5.2 It is intended to sail two races per day. However, an extra race may be sailed in exceptional circumstances.

5.3 Races are scheduled according to the program as follows:

Date	Time	Event
Thursday, April 12	14:00	Warning Signal of the 1st Race
Friday, April 13	11:00	Warning Signal of the 1st Race
Saturday, April 14	11:00	Warning Signal of the 1st Race
Sunday, April 15	11:00	Warning Signal of the 1st Race

5.4 All boats must be afloat/launched by 2pm of 12<sup>th</sup> April 2018.

5.5 On Sunday, April 15, no warning signal will be made after 2pm.

## 6. CLASS FLAG

Class Flag will be IC Flag “D”

## 7. RACING AREAS

Races will be held in Guia Race Area (IC Flag A) or on the Cascais Bay Race Area (IC Flag B). See Attachment A.

## 8. THE COURSE

8.1 The course will be windward/leeward: Start – 1 – 2 – 3P/3S (gate) – 1 – 2 – 3P/3S (gate) – Finish. The diagram in Attachment B show the course, including the order in which marks are to be rounded, and the side on which each mark is to be left.

8.2 Mark 1 will be at least 2 nautical miles from the middle of the starting line.

8.3 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing and the distance to mark 1.

8.4 The race will not be shortened before the end of the leg to Mark 1 for the second time.

## 9. MARKS

9.1 Marks 1, 2, 3P & 3S will be Orange Cylindrical.

- 9.2** The change of course mark will be Black Cylindrical.
- 9.3** The starting mark will be Yellow Cylindrical.
- 9.4** The finish mark will be a Dan Buoy with an Orange Flag.
- 10. REPORTING AT COMMITTEE BOAT**  
Before starting in the first race of the day, boats shall, while sailing on starboard tack, pass behind the race committee signal vessel and make sure they have been acknowledged. Boats failing to report will get a 10% (of registered boats) penalty without a hearing. This change RRS 63.1.
- 11. THE START**
- 11.1** The starting line will be defined between a staff on the race committee boat displaying an orange flag on the starboard end of the starting line and a yellow cylindrical inflatable mark on the port end.
- 11.2** A boat starting later than 4 minutes after its starting signal will be scored DNS without an hearing. This Changes RRS A4 and A5:
- 11.3** To alert boats that a race will soon start, an orange flag will be displayed with a sound signal at least 5 minutes before the warning signal.
- 11.4** All the race committee boats may keep their position by using their engine. This will not be ground for redress. This Changes RRS 62.1 (a).
- 11.5** Boats recorded OCS, BFD or UFD will be notified at the windward mark and shall immediately leave the course. Failure to make the notification shall not be grounds for a request for redress. This changes rules 62.1(a).
- 12. CHANGING THE POSITION OF THE NEXT MARK**
- 12.1** To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 12.2** When a change of course is made for the leeward marks (3s/3p) these will be substituted by a single mark, which shall be left to port
- 13. THE FINISH**
- 13.1** The finishing line will be between a staff on the race committee boat displaying an orange flag and a dan-buoy with an orange flag.
- 13.2** If the race committee, at the finishing position have IC flag "L", this means that another race will be started as soon as possible. This Changes RRS race signals.

#### 14. PENALTY SYSTEM

- 14.1** RRS 44.1 is changed so that the two turns penalty is replaced by the one turn penalty.
- 14.2** A breach of rules other than 28 and 31 and those in Part 2 shall, after a hearing be given a penalty ranging from 10% (rounded to the nearest tenth) of the number of boats registered, to disqualification.
- 14.3** If a member of the Jury, whilst afloat on the course, witnesses an infringement, he may signal with a whistle while displaying a RED flag. Such penalty shall be one turn, according to RRS 44.2. If no penalty turn is taken by an infringing boat, the Jury will again signal with a whistle while aiming a RED flag at the boat. The penalty shall then be two turns, according to RRS 44.2. Action or non-action by the Jury shall not be grounds for redress.
- 14.4** Appendix P will apply. Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

#### 15. TIME LIMITS

- 15.1** Target time: approx.120 minutes.
- 15.3** The overall time limit is three hours.
- 15.2** Boats failing to finish within 30 minutes after the first boat finishes will be scored “DNF” without a hearing. This changes Rules 35, A4 and A5.

#### 16. PROTESTS

- 16.1** Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2** The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. This time will be posted on the official notice board.
- 16.3** Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Committee Room, located at the Race Office.
- 16.4** On the last day of the regatta a request for redress based on a protest committee decision shall be delivered:
- within the protest time limit if the requesting party was informed of the decision on the previous day.

b) no later than 30 minutes after the party was informed of the decision on that day. This changes RRS 62.2.

**16.5** Breaches of instructions 5.4, 10, 18, 19, 20 and 22 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches or breaches of Class Rules may be less than disqualification if the jury so decides.

### **17. SCORING**

**17.1** a) When fewer than five races have been completed, a boat's series score will be the total of her race scores.

b) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

**17.2** The number of completed races required to validate the event is 3.

### **18. SAFETY REGULATIONS**

A boat that retires from a race shall notify the race committee as soon as possible.

### **19. REPLACEMENT OF EQUIPMENT OR CREW**

Substitution of equipment or crew will not be allowed without prior written approval of the race Committee. These requests shall be made in writing.

### **20. EQUIPMENT AND MEASUREMENT CHECKS**

**20.1** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

**20.2** On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection.

### **21. RACE COMMITTEE BOATS AT MARKS**

RC boats may be in position near each mark. When in position, a RC boat will display an inflatable shape in the mast. Failure of a RC boat to be in position or to display its signal will not be ground for redress. This changes RRS 62.1(a).

### **22. SUPPORT BOATS**

**22.1** Team leaders, coaches and other support personnel may use "support craft" to assist their competitors on the water. They shall register at the regatta office prior to the first scheduled race, providing details of their boats and distinctive identification, which shall include flying a **WHITE** flag showing the national 3 letter code in **BLACK** (minimum height 120mm), of the country of origin.

- 22.2** Coach/support boats shall not tow competitors out to the race course (unless requested to by the Race Committee) and may only tow boats in after the last competitor has finished.
- 22.3** Subject to SI 22.4, team leaders, coaches and other support boats shall stay more than 150 metres to leeward of the starting line and from the leeward marks and from any racing Dragon from the time of the preparatory signal until all boats have finished the last race of the day, or all races are abandoned. Support boats may be allowed up the course on one specified side only if special dispensation has been granted by the IDA (via application to the Jury) for reasons of safety, health, tourism, spectating, or sponsor's request. Such boats applying for dispensation may not have a coach or ISAF category 3 sailor on board. Support boats that have been granted dispensation will be issued with a different colour flag to Coach boats. (see Attachment C).
- 22.4** At all times, support boats shall comply with the directions given by the Race Committee. In particular this includes assisting with rescues when requested to do so.
- 22.5** Coach/support boats shall not contact their connected boats between races.
- 22.6** Support boats must be on call on VHF Channel 8 at all times.
- 23 HAUL OUT RESTRICTIONS**  
All yachts shall be afloat before 14h00 of 12<sup>th</sup> April 2017, and shall not be hauled out during the regatta except with, and according to, the terms of prior written permission of the Jury
- 24 DIVING EQUIPMENT**  
Underwater breathing apparatus, including snorkels, shall not be used below the waterline after 2pm of 12<sup>th</sup> April 2018.
- 25. VHF RADIO**
- 25.1** A boat can use a VHF radio in accordance with Class rules 11.11.1.
- 25.2** The Race Committee may broadcast information available to all competitors by using VHF radio on race channel 8.
- 25.3** In the case of absolute emergency only, competitors may communicate with the Race Committee.
- 26 OFFICIAL BOATS**  
The Race Committee Boats will be identified through display of a white flag with RC Jury boats will display a flag marked "JURY".

Other Official Boats provided by the Organising Authority will be identified through display of the Club Pennant.

### 27. LIABILITY DISCLAIMER

Competitors participate in the regatta at their own risk. See rule 4 Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, or during or after the regatta.

### 28 INSURANCE

- 28.1 Each participating boat shall be insured with valid third party liability insurance with a minimum cover of € 305.000
- 28.3 Competitors are advised to guarantee their own personal accident insurance.

### RACE OFFICIALS:

**Race Director: Rita GONÇALVES**

**Principal Race Officer: José CANCELLA ABREU**

**Chairman of the Jury: Luis LEAL FARIA**



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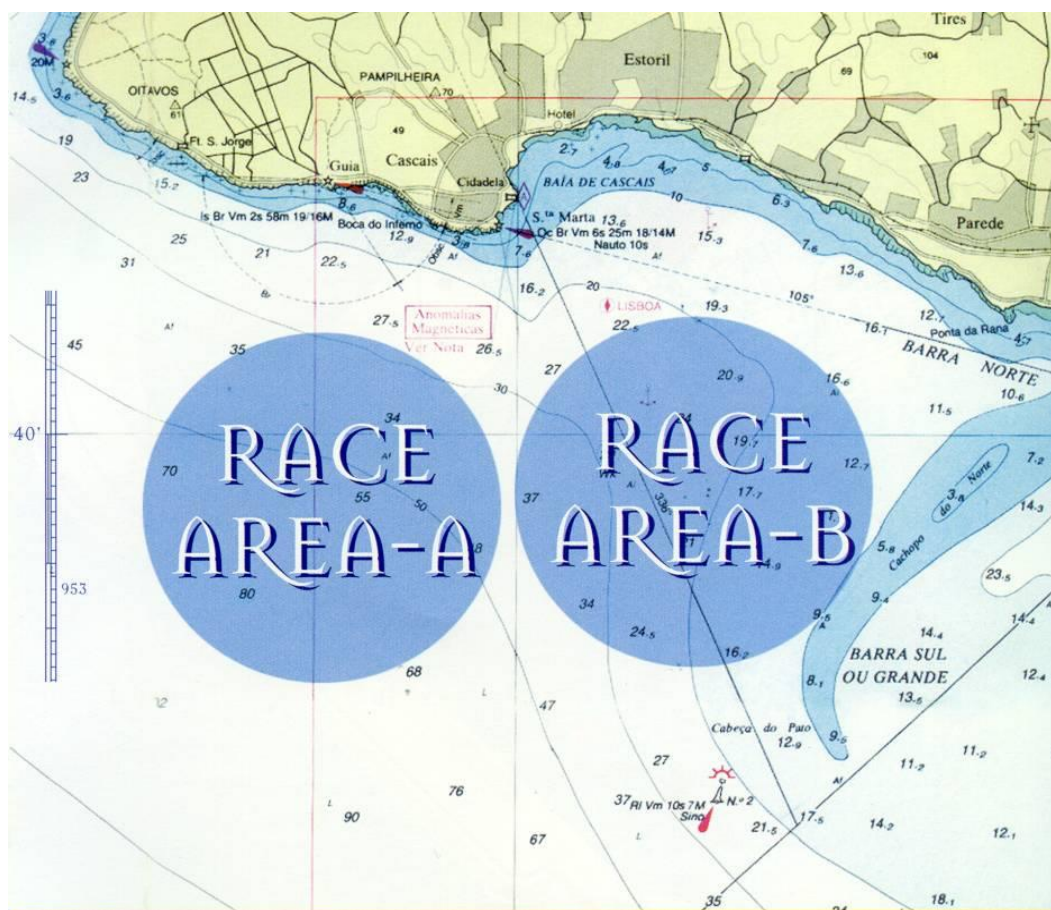
Clube Naval de Cascais

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## ATTACHMENT A RACING AREAS

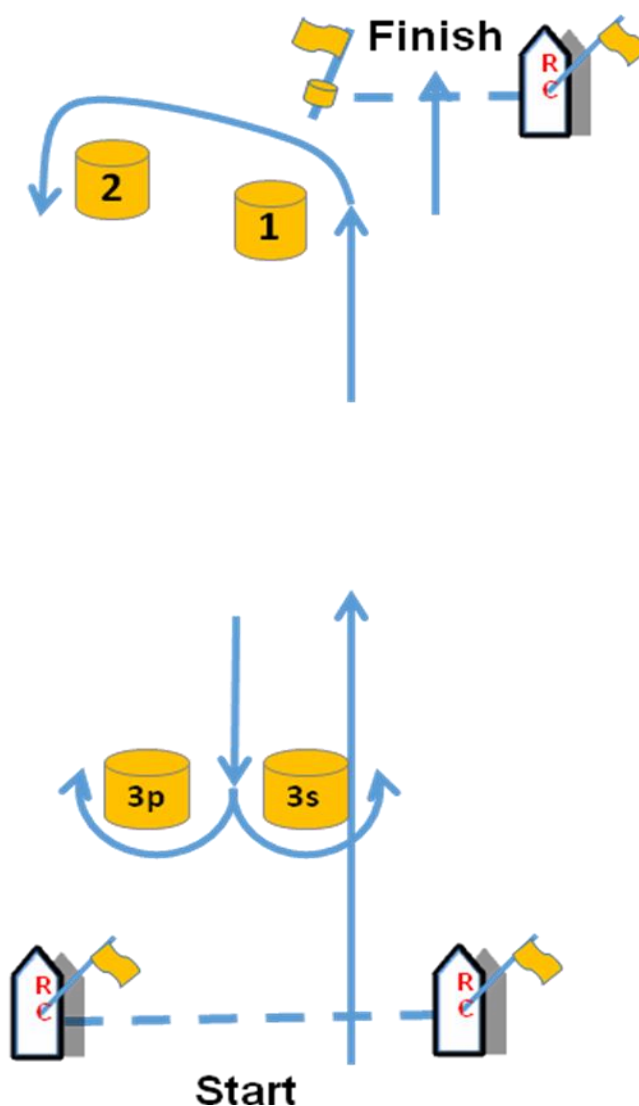


Racing Area	Distance	Bearing	Latitude	Longitude	Flag
A	2,0 Nm	190°	38,40.000 N	009,26.000 W	IC "A"
B	2,0 Nm	140°	38,40.000 N	009,23.500 W	IC "B"

\* Distances, bearings and positions are advisory only



### ATTACHMENT B



**Mark Rounding:** Start – 1 – 2 – 3s/3p (gate) – 1 – 2 – 3s/3p (gate) – Finish

- All course marks shall be left to port, except mark 3p/3s which is a gate
- Distance between mark 1 and mark 2: 0.05 Nm approx.
- Angle between upwind leg and bearing from mark 1 to mark 2: 100° approx.
- Note: This drawing is schematic. The distances and mark positions are not to scale.

### ATTACHMENT C

Support boats area after the preparatory signal: 150m away from the race course

**Support boats area while racing.  
Min distance from any racing Dragon: 150 m.  
NO WASH!**

